

THE DENTAL INSTITUTE

Excellence in General, Cosmetic & Implant Dentistry

Gentle, Professional Cleanings

Professional Cleanings

People over the age of four or five should visit their dentist for a professional hygiene cleaning at least twice a year. To maintain oral health, it's very important that you stay up to speed on the condition of your teeth, so that if problems are detected, they can be treated early to avoid developing more serious issues. Our top-notch hygienist will provide you with a comfortable, gentle hygiene cleaning, specifically to detect, deter and prevent gum disease. If we find a cause for concern, we may recommend a deep gum cleaning to remove tartar below the gum line, smooth out surfaces where plaque builds up and eliminate bacterial infection.

Important Reasons to Get Professional Cleanings

- to detect possible health risks such as oral cancer and gum disease
- to prevent tooth loss
- to maintain good physical health
- to eliminate bad breath
- to have a brighter, whiter smile

Comprehensive Exams

In order to maintain the best oral health possible, regular, comprehensive dental exams are a necessity. In fact, the American Dental Association recommends that you visit your dentist at least twice a year. Regular exams are vital to assess possible problems such as gum disease, oral cancer, cavity development, and replacing worn out dental work such as metal fillings and discolored crowns. Catching problems early will prevent bigger problems from developing, which will end up saving you time and money.

What Does a Comprehensive Exam Involve?

- We provide a thorough oral cancer screening
- A series of diagnostic x-rays will be taken so we can analyze the condition of your teeth and bone structure.
- We conduct a complete periodontal screening to check for symptoms and evidence of gum disease.
- We check for any possible bite problems or jaw issues.

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- A tooth-specific exam is also provided to all of your teeth to check for cavities, examine the condition of other dental work, and identify cracked or missing teeth.

Maintaining your oral health is our number one priority, so please call us today at (301) 654-7808 to schedule a professional hygiene cleaning and exam.